Dear Parents and Friends of St Clare’s

From time to time businesses and other organisations review their processes and procedures, “the way we do things here” to ensure they reflect key values, work within the interest of the community and for the common good. For the review process to be successful it must be comprehensive and include all parts of the community.

This year St Clare’s will undertake such a process as we develop a new strategic plan for the school. The school executive have engaged Mr Michael Elphick to facilitate the construction of the plan. Michael has a long association with Catholic education in Australia and is well known to many in education circles in our diocese. Over the course of the year Michael and his associates will run focus groups, lead public meetings, interview students, parents, staff and friends of the school to ensure that the plan reflects the needs and goals of the school community. The consultation process starts next week and will continue into Term 4. Invitations to attend meetings and to be part of the review process will be advertised through this newsletter and the schools website.

Feedback from a parent survey in 2016 informed us that our Parent/Teacher/Student interview dates needed adjusting to ensure that they provided parents with timely information as to the progress of their young person. The calendar in the newsletter will show that Parent/Teacher/Student interviews will be held in Terms 1 and 3 with written reports being issued in Terms 2 and 4.

I am delighted to report that, through the good work of our parish priests, we will be able to hold a weekly mass for class groups at the school. The time and day on which they will be held is under discussion. They will commence the week after the Opening Mass which will be held on Friday, 17 February.

I have had a good deal of positive feedback from parents about the great start to their secondary school life our Year 7s have made. Year 7 Parents will have an opportunity to have their young person introduce them to their teachers in Week 6 of Term 1. The “meet and greet” is there to help people to get to know each other and is not designed to be a formal Parent/Teacher/Student interview.
As I write our Year 11 and 12 Art and Drama students and their teachers are in Sydney to watch the “On Stage“ production and attend other artistic and cultural events. This year’s excursion is made all the more exciting because St Clare’s 2016 HSC student Nicholas Smith is one of the eight students from across all of NSW who will be performing their HSC piece. Nicholas will also MC a part of the evening’s performance. It will be fantastic for our students to see one of our own achieving at the highest level and reinforces the idea that our young people can mix it with the best.

During the week I watched as the Year 10 iSTEM classes put their dragracers through their paces. The class members built their racers in Year 9 and are now measuring their success in design and construction by racing their gas propelled machines. It was great to watch the cars flash down the track and to see the student’s engagement in a task that involved deep thinking and complex problem solving skills. A lot of fun was had and a lot of learning done. A big thank you to the students and staff members Mark O’Neill, Phill Carney and Phil Jirman for their fine work.
St Clare’s School Captain Sarah Ward has contributed an interesting report on her experience over the Christmas holiday period. Another example of how learning can open opportunities and enjoyment in a person’s life.

God Bless

Principal

P & F – NEXT MEETING, WEDNESDAY, 15 FEBRUARY 2017
6 PM – ST CLARE’S LIBRARY

Mass Times

Our Lady of the Rosary, Taree
75 Albert St, Taree
Saturday Vigil: 6:00 pm
Sunday Mass: 9:30 am

Our Lady of Perpetual Help, Wingham
8 Farquhar Street, Wingham
Sunday: 8:30 am

St Bernadette’s, Krambach
Bucketts Way, Krambach
1st, 3rd and 5th Sundays of the month – Mass is celebrated on Saturday evening at 6:30pm
2nd and 4th Sundays of the month – Mass is celebrated on Sunday morning at 9:00 am

Our Lady Star of the Sea, Harrington
Pilot St, Harrington
Saturday Vigil: 6:00 pm
(1st, 3rd and 5th Saturdays in each month)
Saturday Liturgy of the Word and Communion: 6:00 pm

St Therese's, Lansdowne
Cundle Rd, Lansdowne
Saturday Vigil: 6:00 pm
(2nd and 4th Saturdays of each month)

Our Lady of Fatima, Old Bar
20 Hall St, Old Bar, Sunday Mass: 7:30 am

St Patrick's, Cundletown
River St, Cundletown
Sunday Mass: 6:00 pm

Forster-Tuncurry Catholic Parish
Holy Name of Jesus Parish Church, Forster
33 Lake Street, Forster
Sunday Mass: 9:00 am

St Mary, Star of the Sea Church, Tuncurry
15 Peel Street, Tuncurry
Saturday Vigil: 6:00 pm
Sunday Mass: 7:00 am
CAREERS CORNER:

**BOS ➔ BOSTES ➔ NESA**

Heraclitus, a Greek philosopher, is quoted as saying "Change is the only constant in life." This saying has also been translated to "The only constant is change."… accordingly, the NSW Board of Studies (BOS) was changed to the Board of Studies, Teaching and Educational Standards NSW (BOSTES) which, this year, was changed to the **NSW Education Standards Authority (NESA)**. Students in Year 12 should be aware of this change as they will, under the supervision of **Curriculum Coordinator, Mrs Avery**, be soon logging on to **NESA** as part of monitoring HSC entries and personal information.

OPEN FORUM

Last Friday saw an informative Open Forum between 2016 Year 12 students and 2017 Year 12 students following the Dux Assembly. 22 members of the Class of 2016 spoke of the ‘highs and lows’ of the HSC year and the strategies they developed to cope. A wide range of views was expressed about how to study, when to study, how long to study and how to maintain a balance between factors competing for use of time. The one element which gained consensus was the need to develop your own summary notes.

REGIONAL UNIVERSITIES ROAD SHOW:  On Tuesday of this week, Years 10, 11 and 12 attended the Regional Universities Road Show in our Hall. We were joined by students from Chatham High School, and Careers Adviser, James Cooper. A joint presentation from Charles Sturt University and Southern Cross University provided hints on:

1. How to apply?
   - ATAR only
   - Getting to university without applying for, or without qualifying for, an ATAR
   - TAFE Certificate III or Certificate IV
   - Early Entry
   - Other pathways

2. How much does a university education cost?
   - Deferrable cost (HECS)
   - Text books
   - Accommodation
   - Transport
   - Food
   - Activities
   - Ways to meet costs (part-time work, scholarships, student loans, Abstudy, Centrelink benefits including Youth Allowance and Relocation Allowance)

3. Brief details of each of the two regional universities.

**Ian Evans, Careers Adviser**
ST CLARE’S, TAREE EXCURSION REPRESENTATION GUIDELINES

1. Payment
   - 1 day trips 48-56 hrs prior
   - 2-3 day trips 5 days prior
   - 4+ days – final payment 10 days prior
   - Late pull out by students still requires payment
   - Compulsory Excursions (e.g. HSIE) excluded

2. Student Representation
   - Incomplete low, med, high zone – student withdrawn
   - 2 med zones during term – student withdrawn
   - High zone – student withdrawn
   - Suspension – student withdrawn
   - Case Management/contract students to be determined case by case
   - Resets at start of each term

3. Whole school events
   - Compulsory attendance

Phillip Gibney, Assistant Principal

HOSPITALITY HAPPENINGS:

Another busy year ahead for the Hospitality and Food Technology Departments.

Last Friday, 3 February, the Year 12 Food Technology class along with four students from the Year 11 Hospitality class, prepared and served their first function for 2017.

The function being the Annual Dux Assembly morning tea.

Jane Cross and Ruby Jones

Jaidyn Vella and Shayla Mancell
The students catered for approximately 100 guests, those being a number of Year 12 (2016) students, their parents, staff members and special guests.

A wonderful effort by our students, who were assisted by Mr Constantine and Mrs McFarlane.

The Hospitality students are looking forward to catering for our next function.

Gabrielle McFarlane, Hospitality Assistant

NATIONAL YOUTH SCIENCE FORUM REPORT – SESSION C 2017

As I sit on the bus from Canberra back into my home state of New South Wales, I can’t help but reflect on what has been an extraordinary past 12 days. It has been full on, exhausting and at times challenging, but I have loved every single moment of it. To share this experience with almost 200 other like-minded students was incredible. The network of friends and contacts that I have developed continues to grow, even on the journey home. From intriguing lectures and presentations by world class scientists, to mind-blowing lab visits and research facilities, NYSF has opened my eyes to all the possibilities that a career in STEM (Science, Technology, Engineering and Mathematics) holds.

Before going on this experience, I was a little hesitant to what the forum would consist of, having not attended anything similar before… however; I was quickly convinced that I was going to have the time of my life. There was a great range of activities planned daily, with everyday differing from the previous one. The balance between learning and fun really emphasised the spirit of meeting new people everywhere we went. The lectures and presentations were informative, especially when presented by NYSF alumni. It was inspiring to see that, although they are now world renowned scientists, they started in the same place as we did. To my surprise, there were more social and fun activities then I would’ve thought (which was great!). However, out of all the things that we did, the lab visits were by far the best for me. As a part of the Health and Medical interest group, Doherty, we had the amazing opportunity of exploring hospital pathology and research labs, university training rooms, medical schools, like John Curtian School of Medical Research (JCSMR) and even a morgue! I felt so fortunate to be a part of this group, considering both its popularity, as well as the exclusivity of some of the places that we visited.
During the entirety of session, I always felt that I was in a safe and respected environment, surrounded by others who were just as open-minded as I was. There was a great amount of support given from all those involved... students, staff and special guests, and the important thing was that we were never once pressured into choosing a career in STEM. There was quite a lot of emphasis placed on choosing what we, as individuals, wanted to do for ourselves and I found that we received excellent advice on how to get there. Examples of such advice came from the partner’s day presentation and expo, as well as the “Year 12 and Beyond” seminar presented by the staff members (‘Staffies’). This presentation, in particular, had the biggest impact on me as we discussed the tips and tricks to finishing Year 12 happy and successful. Having the Staffies only a few years older than you is extremely important, as it provided us with a network of adults with whom we could relate so closely with, given that most were a year or two out of school.

The National Youth Science Forum has been an empowering experience that has made me consider things I have never thought about before. It doesn’t matter that I’ve lost two weeks of holidays – I’ve gained an endless amount of memories, and I’d do it all again in a heartbeat. Words can’t describe the journey I have just been on and I’d definitely recommend it to anybody and everybody. It has truly changed the way I see the world.
In conclusion, I would like to give a huge thank you to the following:

- Mark and Kim, as well as all the other members of my sponsoring Rotary club of Great Lakes – your generosity is the reason I have been able to experience this life-changing journey
- Stuart Bayley, District 9650 NYSF Chairman – it was an honour to be selected from such a large district and I thank you for that
- NYSF Corporate Team and Staff Member – the time and effort you guys put into this program is incredible and it has been greatly appreciated by me and many others
- My school of St Clare’s Taree – the support from both students and staff has been endless and if it wasn’t for my school, I would have never found out!

I can’t wait to find out what my NYSF experience brings me next!

Thank you all again,

Sarah Ward, Year 12

An excited me ready for pathology

On the last day, with my buddy (and new best friend) Nicola
COMBINED CATHOLIC COLLEGES (CCC) SPORT SELECTION PROCESS: Any student who wishes to trial for CCC selection must follow a specific registration process. CCC trials are for students who excel in their chosen sport and who wish to trial for a position to represent the Combined Catholic Colleges. Students should inform the Rep Sport Coordinator of their interest in trialling and students must be approved by the school to attend these selections.

The following sports require individual online registration which takes you straight to NSWCCC selections: AFL, Baseball, Basketball, Cricket, Diving, Golf, Hockey, Netball, Rugby League, Rugby, Softball, Tennis, Triathlon and Volleyball.

Selections for these sports occur at different times throughout the year and these details are outlined on the following website https://www.csss.nsw.edu.au.

To be eligible to trial for CCC selection in Athletics, Cross Country, Swimming, Football and Touch the process begins from being selected in the school representative team, then trialling for the diocesan team before proceeding to CCC selections if successful.

Any queries about the process should be directed to Mr Collier or you can access the website listed above. Matt Collier, Representative Sport Coordinator

MATHS WORKSHOP - Mathematics Workshop provides the opportunity for every student to obtain assistance and support in improving their understanding of mathematics. Four mathematics teachers are available each week to explain the concepts you are finding difficult or give assistance to enable you to complete your homework, assignments or any work that you may have missed due to absence from class.

WHEN IS IT ON? Wednesday lunchtime - every week.

WHERE? Room 10

We hope to see you there!

Mrs Julie Rowsell, Mathematics Coordinator

LEAVE NOTES & STUDENT MESSAGES: It would be appreciated if parents/guardians would send in a written note if their child needs to leave early for appointments etc. Notes should be handed in at the front office in the morning before roll call. If parents/guardians need to notify their child of a change of afternoon arrangements, it is necessary to phone the school prior to 2:25 pm (End of Lunch – Monday, Tuesday, Wednesday & Friday) or prior to 1:55 pm (End of Lunch – Thursday Sport) as it is often difficult to locate students if their last lesson is a PE Prac or there has been a room change. Students cannot be collected from the school during school hours by anyone other than a parent or guardian without written permission. Thank you.
LATE NOTES: Lateness to school is recorded as a partial absence and must be explained to the school the same way as other forms of absence. **Arriving Late for school requires a handwritten note from a parent/carer or a phone call from a parent/carer** or the absence is recorded as an unexplained partial absence. Thank you.

SCHOOL CLINIC: Students are reminded that if they are unwell whilst at school they are to advise their teacher who will then send them to the Front Office. If necessary, the office staff will contact a parent while the student waits in the Clinic. **Students are not to contact parents on their mobile phones** as this leaves teachers and office staff unaware of the situation and is also in breach of the school policy – use of mobile phones. Thank you.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>13/2</th>
<th>Help Urgently Required</th>
</tr>
</thead>
<tbody>
<tr>
<td>TUESDAY</td>
<td>14/2</td>
<td>Help Urgently Required</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>15/2</td>
<td>Rebecca Pereira</td>
</tr>
<tr>
<td>THURSDAY</td>
<td>16/2</td>
<td>Sue Lythgoe, Cheryl Dearing</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>17/2</td>
<td>Help Urgently Required</td>
</tr>
</tbody>
</table>

**COMING EVENTS - 2017**

**Term 1**

**Week 4** Wednesday 15/2 † P & F Meeting – 6 pm, St Clare’s Library

**Week 5** Wednesday 22/2 † School Photographs
   **Thursday** 23/2 † Year 7 Immunisations
   † All Schools Triathlon
   **Friday** 24/2 † Swimming Carnival

**Week 6** Tuesday 28/2 † Year 7 Meet the Teachers Afternoon (4 pm to 6 pm) - Hall
   **Thursday** 2/3 † Dio U15 Rugby League Trials

**Week 7** Tuesday 7/3 † Dio Swimming Carnival
   † University of Newcastle Health Careers Forum – Years 10, 11 & 12
   **Wednesday** 8/3 † Year 11/12 Parent/Teacher/Student Interviews
   † P & F Meeting
   **Thursday** 9/3 † Cross Country (Competitors only during sport)

VACANCIES STILL EXIST
MORE VOLUNTEERS NEEDED – MONDAYS & FRIDAYS
IF YOU CAN ASSIST PLEASE CONTACT CHERYL KINGSFORD
AT ST CLARE’S: 6591 2104, HOME: 6552 1857 OR
VIA EMAIL: cheryl.kingsford@mn.catholic.edu.au
Week 8  Monday  13/3 ♦ Year 12 Mid-course Examinations commence  
   Wednesday  15/3 ♦ Year 7 Camp – Toukley)

Week 10 Friday  31/3 ♦ CCC Swimming Carnival

Week 11 Wednesday  5/4 ♦ Years 7 to 10 Parent/Teacher/Student Interviews  
   Thursday  6/4 ♦ Dio Football Trials  
   ♦ Sleep out  
   Friday  7/4 ♦ Whole School Mass  
   ♦ Term 1 Concludes

Term 2

Week 1 Monday  24/4 ♦ Term 2 Commences  
   Tuesday  25/4 ♦ ANZAC Day  
   Thursday  27/4 ♦ Dio Touch

Week 2 Thursday  4/5 ♦ Athletics Carnival  
   ♦ Dio Cross Country

Week 3 Wednesday  10/5 ♦ P & F Meeting  
   Friday  12/5 ♦ Athletics Carnival (backup)

Week 4 Monday  15/5 ♦ Year 10 & Year 11 Mid-course Assessment Period  
   Friday  19/5 ♦ Year 7 Immunisation

Week 6 Monday  29/5 ♦ Year 7 and Year 8 Mid-course Assessment Period

Week 7 Monday  5/6 ♦ Year 9 Mid-course Assessment Period  
   Wednesday  7/6 ♦ P & F Meeting

Week 8 Monday  12/6 ♦ Queen’s Birthday Public Holiday

Week 10 Tuesday  27/6 ♦ Year 10 & Year 11 Parent/Teacher/Student Interviews  
   Friday  30/6 ♦ Term 2 Concludes

Term 3

Week 1 Monday  17/7 ♦ Term 3 Commences  
   Thursday  20/7 ♦ Years 7, 8 and 9 Parent/Teacher/Student Interviews

Week 3 Monday  31/7 ♦ HSC Trial Examinations commence  
   Wednesday  2/8 ♦ P & F Meeting

Week 4 Friday  11/8 ♦ St Clare’s Feast Day

Week 7 Wednesday  30/8 ♦ P & F Meeting
**SACRAMENTAL PROGRAM:** The Catholic Parish will be having an information session to discuss the Sacramental Program for 2017. The program is for all children, turning 8 in 2017 or older who are interested in making their Sacraments this year. The first session is for parents only, and will be held on Wednesday 22nd February in the Parish Resource Centre at 7 pm. Any enquiries can be directed to the Catholic Parish Office on 6552 1084.
6 February 2017

Dear Parents/Guardians

Our School Photo Day is on **Wednesday, 22 February**.

Please find attached a **pre-named** envelope for your child/ren.

**ALL** students will be photographed with their **Year Group**.

If you wish to purchase school photographs **THIS ENVELOPE MUST BE COMPLETED, HAVE PAYMENT INCLUDED, AND HANDED TO THE PHOTOGRAPHER ON THE DAY OF THE PHOTOS.**

Friday, 3 March – Photos for those students who were unable to be here on 22 February.

Photographs of sporting teams and extra curricular groups will be taken later in the year. Students will be notified when this is to occur.

We would appreciate your assistance on this day in ensuring your child/ren is present and in **full school uniform**.

Yours sincerely

[Signature]

Phillip Gibney
Assistant Principal

---

**RURAL AND REGIONAL SCHOOL TRAVEL:** Applications for free school travel in rural and regional NSW will need to be completed online as outlined below. Please ensure you also notify the school when you change your address so we can update our records.
Want to know more?

For more information call 131 500 or visit transportnsw.info/school-students.
For help in your language, call the Translating and Interpreting Service (TIS) on 131 450.

2016/17
Rural and regional school travel

• Your child may be eligible for free travel between home and school
• After 12 May 2016 you need to apply online

Visit transportnsw.info/school-students
**What's new**

From 12 May 2016, applications for free school travel in rural and regional NSW will need to be completed online instead of using paper forms.

This change makes it easier to apply, as you only need to complete one form that covers all situations, including journeys that involve multiple transport operators.

It’s also easier for schools and bus operators, as Transport for NSW will now handle the applications.

This change only affects the application process; no changes to any public transport services are planned.

**Who can apply**

To be eligible for free school travel, students may need to live a minimum distance from their school:

**Years K-2 (Infants)**
There’s no minimum distance.

**Years 3-6 (Primary)**
1.6km straight line distance or 2.3km walking.

**Years 7-12 (Secondary)**
2.0km straight line distance or 2.9km walking.

**Who needs to apply**

A new application is only required if the student has never been approved for free school travel before.

However, you need to update student details online if the student:

- Is moving from Year 2 to Year 3
- Is moving from Year 6 to Year 7
- Is changing schools or campuses
- Is changing address

**How to update your details**

If the student has already been approved for school travel and their address, school or name changes, or the student is entering Years 3 or 7, you will need to update your details at [apps.transport.nsw.gov.au/ssts/updatedetails](http://apps.transport.nsw.gov.au/ssts/updatedetails).

**How to apply for free travel for the first time**

**Applications for 2017 open from the start of Term 4, 2016.**

**Step 1**

Once you have confirmed your 2017 school enrolment, complete the online application form at [transportsnsw.info/school-students](http://transportsnsw.info/school-students), nominating your home address and which bus company or transport operator the student needs to travel between home and school.

**Step 2**

Print, sign and date the completed application, then return it to the student's school for endorsement.

**Step 3**

The school then sends the endorsed application to Transport for NSW. You will receive an email confirming the outcome of your application. If the application is approved, Transport for NSW will inform your local bus or transport operator who may send a school travel pass (where applicable) to the student's school, or in some cases will contact you directly about travel arrangements.

A parent or guardian must apply for students 15 years and under. Students 16 years and over must apply for themselves.

**Frequently asked questions**

**Can I still apply using a paper form?**


**How can I apply if I don’t have internet access?**

Call 131 500 for assistance with your application.

**Does the approved free travel include travel outside school hours?**

Approved free school travel is only for travel to and from school. For travel after hours, on weekends or during school holidays, students will need to purchase a ticket.

**What if there’s no public transport in my area?**

In areas where there is no public transport, eligible NSW residents may receive a subsidy for transporting the student to school by private vehicle. For details visit [transportsnsw.info/school-students](http://transportsnsw.info/school-students).

**How do I apply if the student is in a shared parenting situation and needs to travel from two addresses?**

Each parent (or the student if aged 16 or over) needs to make a separate application for each address. The same eligibility criteria apply.
The Special Needs Working Party in conjunction with the CSO Teaching and Learning Unit is pleased to again be presenting an opportunity for parents and carers who have children enrolled in our schools with additional needs an opportunity to hear about the support available to them and their child in our Catholic schools.

These days are to be held as follows:

**ST JAMES PRIMARY SCHOOL MUSWELLBROOK**
- Tuesday, 14 March
- 11.00am – 1.00pm

**ST JOSEPH’S PRIMARY SCHOOL TAREE**
- Tuesday, 21 March
- 11.00am – 1.00pm

**ST JAMES PRIMARY SCHOOL KOTARA SOUTH**
- Tuesday, 28 March
- 11.00am – 1.00pm

Please RSVP to.....
Cath Garrett-Jones
P: 4979 1303
E: cath.garrett-jojnes@mn.catholic.edu.au
PARENTING PROGRAMS CALENDAR: Please see link below to a calendar for parenting programs from Resourcing Parents – many of the programs are free.

They include:

- **Engaging Adolescents** in Belmont
- **Circle of Security, Bringing Up Great Kids** and **1,2,3 Magic** in Taree
- **Triple P Parenting** in Muswellbrook
- **Bringing Up Great Kids** in Karuah and Raymond Terrace
- **1,2,3 Magic** in Cessnock
- **Seasons for Growth** in Toronto

and the list goes on……


Mid Coast Communities’ Ability Links program provides free assistance for any person, carer or community member who would like to connect with their community. Linkers work closely with people with disability, their families and carers to support them to fulfil their goals, hopes and dreams. You can contact a Linker whenever you need to, and in a way that suits you. Linkers also work with anyone in the community to help make their group, business or organisation more accessible for people with disability. There is no formal assessment process or referral that you need to meet in order to access Ability Links NSW. Give a Linker a call to see what they can do for you!

The contact details for your local Ability Links NSW Linkers are:

Ability Links Taree
Telephone: (02) 5594 1110
Email: AbilityLinks@midcc.org.au
Website: www.midcoastcommunities.org.au
We are looking for expressions of interest for a

Taree Autism Support
Group for Parents & Carers

If any of these questions apply to you, or you have any suggestions for the support group we would love to hear from you!

Call (02) 5594 1110
Or email
melissajones@midcc.org.au
FREE

YOUTH MENTAL HEALTH FIRST AID CERTIFICATE

For parents, carers and support people of 12 – 17 year olds!

Lunch, tea and coffee etc. provided

We know that young people turn to their friends, family members and other adults in their life (whom they trust), when they have concerns about their social and emotional wellbeing.

What could you do if they turned to you?

Come along to this FREE nationally accredited training program – you will learn about adolescent development and the signs and symptoms of common mental health problems experienced by young people, when, where and how to get help and what sort of help has been shown by research to be effective.

<table>
<thead>
<tr>
<th>Delivered by:</th>
<th>The School Link Coordinator from the Child &amp; Adolescent Mental Health Team in collaboration with Homebase Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Where:</td>
<td>St Joseph’s Primary School (Library), 53 Denison Street, Gloucester</td>
</tr>
<tr>
<td>When:</td>
<td>Tuesdays 14, 21 &amp; 28 February &amp; Tuesday 7 March 2017</td>
</tr>
<tr>
<td>Time:</td>
<td>10.15am to 2.15pm</td>
</tr>
</tbody>
</table>

ONLY TWELVE PLACES AVAILABLE – Register early

Reserve your place by ringing Homebase on (02) 6555 5622

Speak with Jane, Krysten or Liahna

For more information about Youth Mental Health First Aid contact

Lauren Vaughan on 6539 6300
CUNDLETOWN NETBALL CLUB

All re-registrations are to be done through MyNetball. For all new registrations or questions we will be under the cola at Cundletown Public School on **Wednesday the 1st, 8th, 15th and 22nd of February between 3.30pm & 4.30pm.**

PLEASE NOTE: For all new registrations we need to sight original Birth Certificate.

Looking forward to a wonderful season of Netball in 2017!!

**Registration Fees:-**

<table>
<thead>
<tr>
<th>Age</th>
<th>Fees</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-7 Yrs</td>
<td>$95</td>
</tr>
<tr>
<td>8-10 Yrs</td>
<td>$155</td>
</tr>
<tr>
<td>11-17 Yrs</td>
<td>$170</td>
</tr>
</tbody>
</table>

For any information please contact:
Rosie Rogers 0419 195 115
Kerryanne Curtis 0455 388 877

---

**Are you looking for a great team sport to play?**

**Come to Taree Tigers Hockey Club & give Hockey a go.**

**There is a free starters pack for all new junior players.**

It is a great team sport for boys and girls from 5 years of age. Taree Tigers Hockey Club is looking for players in 2017 for both Junior & Senior competitions. No matter what your age or ability we have the junior Boys or Girls or senior team just for you. **We have a registration day on Monday February 27th 4.30 to 6.30pm at the Taree Hockey Centre. If you would like to just come and try before you decide you are very welcome also. Contact Tony Lewis on 0418510986 or Nicole Clark on 0467433428 for more information. So come on, give hockey a go in 2017.**
2017 REGISTRATION ONLINE IS NOW OPEN!

TAREE PANTHERS will hold registration days ONLY on

**Wednesday 22/02 @ 5pm - 6.30pm**
&
**Thursday 23/02 @ 5pm – 6.30pm**
@ Taree Rec Grounds
outside the canteen area
PAY BY CHQ, CASH or EFTPOS

Cost
Minis (U6’s – U9’s) - $100.00
Mods & International (U10’s – U16’s) - $110.00
**includes - Shorts, Socks & 2017 Polo Shirt**

*(IF YOU PAY ONLINE YOU WILL NEED TO BRING YOUR PRINTED RECEIPT ON COLLECTION OF GEAR DAYS TO RECEIVE YOUR 2017 GEAR)*

**If you are a returning player YOU NEED TO REGISTER and PAY NOW ONLINE ONLY… (If you do not know your password, you can get it resent to the email you used to register last year.)*

**(NEW PLAYERS to the Club will need to provide Birth Certificate or Proof of Age you can email this directly to the club tareepanthersjrl@outlook.com)**

**Please remember to like or share Taree Panthers JRLFC on your Facebook so that everyone is up to date with the most current information**

*check out our facebook page for all the details*
FROM MANNING VALLEY BMX CLUB
CONTACT: MICHAEL EYB, 0468 455 759

ARE YOU READY TO GET RAD? COME AND TRY BMX!

Quick quiz: Which sport will have you soaring like a jet plane, cornering like a rally car and sprinting like a drag racer, and it’s one of the fastest growing sports in Australia? The answer’s easy - it’s BMX RACING!

Have you ever wondered what it would be like to race a BMX bike? Here’s your chance to find out, because the Manning Valley BMX Club is holding its annual ‘Come And Try BMX Day’ on Saturday the 18th of February as part of BMX Australia’s National Sign-on Days.

You will have the opportunity to learn how to ride your bike like the pros on one of NSW’s best BMX racetracks - the Manning Valley BMX Club Racetrack, located at Urara Lane just 1.5km from the Bushland Drive railway crossing and roundabout.

Club members will be on hand to show you how to use the start hill, ride the berms (corners) and safely negotiate obstacles like jumps and rhythm sections. And you don’t even need a bike. The club has bikes, full-face helmets and full-fingered gloves you can use on the day. All you need to bring is a long sleeved-shirt, long pants and enclosed shoes. Of course, if you have a bike, full-face helmet and full-fingered gloves it would be a great idea to bring it, so you can learn how to ride the track on your own steel steed!

Join in on skills sessions, have fun playing BMX-based games and meet new friends. And after all the fun is done you can join us for a free BBQ! AWESOME! Bring the whole family, because mums, dads, brothers and sisters can ALL join in on this true family orientated sport.

See you at the Manning Valley BMX Club ‘Come And Try BMX Day’.

**When:** Saturday the 18th of February 2017, between 10.00am and 12.00pm  
**Where:** Manning Valley BMX Club Racetrack, Urara Lane Taree.  
**Directions:** Travel 1km past the Kanangra Drive/Bushland Drive roundabout along Kanangra Drive towards St Joseph’s Primary School, then turn right onto Urara Lane. The racetrack is at the end of the lane

**What to bring:**
- **BRING IF YOU HAVE THEM:** A bicycle, full-face helmet and full fingered gloves. If you don’t have these, we have some you can borrow.  
- **MUST BRING:** A long sleeved shirt, jumper or jersey  
- **MUST BRING:** A pair of long pants, trousers or track pants  
- **MUST BRING:** Enclosed shoes (like joggers, no thongs or sandals!)  
- **MUST BRING:** A big smile and all of your family and friends!

**More info and updates:** Follow us on Facebook by searching for ‘Manning Valley BMX Club’.
COME AND TRY

Have you ever wanted to ride a BMX bike?

Here’s your chance - Join us and join in!

Manning Valley BMX Club

is proud to give you a chance to
‘Come And Try’ one of the fastest growing sports in Australia - BMX racing!

All you need is a bike, long-sleeved shirt, long pants, enclosed shoes and full fingered gloves. We’ll supply the bike, gloves and helmet if you don’t have one. Learn how to ride the jumps, roll the berms and play fun BMX games with members of the Manning Valley BMX Club!

Saturday 18th February, 10am - 12pm
Taree BMX Track, Urara Lane.

Search for Manning Valley BMX Club

Free BBQ afterwards!
11/02/2017
REGISTRATION DAY

Graveyard Old Bar Rd 11-2 Saturday the 11th

On this Saturday, Old Bar Jnr Pirates will be holding a registration day, this is for all old and new players and even some who just have some questions.

It will be a fun packed afternoon for the kids, there will be a FREE BBQ, as well as a jumping castle and cat slide supplied by Fredo’s jumping castles and entertainment they will also have snow cones fairy floss and popcorn available for purchase.