Dear Parents and Friends of St Clare’s

STAFF SPIRITUALITY DAY, FRIDAY, 16 SEPTEMBER – PUPIL FREE DAY

When a young person joins the St Clare’s community they bring with them a unique personality, a set of skills and talents and most importantly the ability to learn. Students from our school achieve at a high level and our teaching staff have an excellent record of assisting students to reach their potential and get where they want to go.

Research tells us that when parents read to a child on a regular basis the child is learning to be literate well before they can speak, read or write. The same research also tells us that a child who has not had the experience of being read to regularly starts school up to four learning years behind their peers.

When a group or cohort of children start at a primary or secondary school they commence with a wide range of capabilities that influences their ability to understand and learn. It is the teacher’s job to teach the curriculum to the class as a group and to work to improve the learning outcomes of the individuals in their care. The National testing of literacy and numeracy skills via NAPLAN supplies a snapshot of how a cohort or individual is progressing in their learning in comparison to benchmarks set by government.

Schools and teachers are becoming increasingly aware of the need to access data not only from NAPLAN but from a number of sources to identify learning needs and tailor what they teach to meet the learning needs of particular cohorts and individual students within the cohort.

Presently we are developing a number of projects that will continue to enhance the learning environment at St Clare’s including; a program for gifted and talented mathematicians, additional training and resourcing of stem subjects and linking our “high flying” students with students of similar capabilities in other schools.

St Clare’s has recently begun to use PAT testing at the beginning and end of each school year to access the progress a student is making from year to year in literacy skills.

Over time this data will help us tailor programs to meet the needs of students. A good example of this is our pilot scheme of peer reading being trialled at present between Year 7 and Year 9 students. In this instance data was gathered which showed that a number of students in Year 7 would benefit from a reading program where they read and discussed their understanding of what they read with an older student who is able to support the younger student in their learning. The trial is in the care of staff members Karen Grant, Racheal Grech, Tammy Woods and Simon Basile and is being supported by Librarian Marianne O’Donnell. The success of the trial will be assessed towards the end of Term 4.
A number of students in Years 7 and 8 are taking part in two separate trials of software designed to increase reading skills. Both projects will be evaluated towards the end of Term 4 as to their effectiveness in increasing individual reading ages in line with government expectations.

Curriculum Coordinator Theresa Avery is exploring ways of establishing a whole school literacy program that will address literacy across the curriculum and build on the literacy skills of all students.

St Clare’s staff supply a first class education to all students in our care. We take pride in our young people and the opportunities we are able to generate for their post-secondary education. We continue to work with diligence and sustained effort to ensure that every student in our care has the opportunity to develop their skills and talents and enjoy a happy and productive life.

This morning we hosted 76 Year 6 students from St Joseph’s, Taree to share our weekly mass with some of our Year 10 students. Inviting the Year 6 students to St Clare’s helps defuse any anxiety the younger students may have about attending secondary school and allows them to share with people who will be in Year 11 when they are in Year 7. I am extremely grateful to Father Greg Barker and to staff from St Joseph’s and St Clare’s for their work in the faith development of our young people and for fostering a great community spirit between our two schools.

Two years ago the St Clare’s Environmental group, under the direction of staff members Carol Healey (since retired) and Sam Bielby (Year 8 Coordinator), put considerable effort and energy into transforming a barren and ugly area along the Vincent Street side of the school hall into a garden. It was hard work and students and staff gave up many lunchtimes to complete the task. Some may have wondered if it was worth the effort. If you have passed the garden in recent times you will see the benefit of planting a seed and being patient in the nurturing of what you have planted. The garden is in great shape and, like the school community, is enjoying the many gifts God has given us.

God Bless

Principal

P & F – NEXT MEETING, WEDNESDAY, 26 OCTOBER 2016
VENUE - TBA

PRAYERS: Please pray for those who are currently experiencing health difficulties and continue to pray for community members experiencing challenges, pain, sickness and grief in their lives at this time.

CHAPLAINCY/PASTORAL CARE: A reminder to all that the school has a Chaplain. Please feel free to contact our Chaplain, Deacon Vince Ryan, through the school office if he can be of assistance to you or any member of our whole school community.
Mass Times

Our Lady of the Rosary, Taree
75 Albert St, Taree
Saturday Vigil: 6:00 pm
Sunday Mass: 9:30 am

Our Lady of Perpetual Help, Wingham
8 Farquhar Street, Wingham
Sunday: 8:30 am

St Bernadette’s, Krambach
Bucketts Way, Krambach
Saturday: 6:30 pm
Sunday: 9 am
(Mass is celebrated on alternate weekends – please speak to Deacon Vince or Mrs Denise Ryan at school for information on which weekend mass will be celebrated)

Our Lady Star of the Sea, Harrington
Pilot St, Harrington
Saturday Vigil: 6:00 pm
(1st, 3rd and 5th Saturdays in each month)
Saturday Liturgy of the Word and Communion: 6:00 pm
(2nd and 4th Saturdays of each month)

St Therese’s, Lansdowne
Cundle Rd, Lansdowne
Saturday Vigil: 6:00 pm
(2nd and 4th Saturdays of each month)

Our Lady of Fatima, Old Bar
20 Hall St, Old Bar,
Sunday Mass: 7:30 am

St Patrick's, Cundletown
River St, Cundletown
Sunday Mass: 6:00 pm

Forster-Tuncurry Catholic Parish
Holy Name of Jesus Parish Church, Forster
33 Lake Street, Forster
Sunday Mass: 9:00 am

St Mary, Star of the Sea Church, Tuncurry
15 Peel Street, Tuncurry
Saturday Vigil: 6:00 pm
Sunday Mass: 7:00 am

PRAYER POINT: 24th Sunday in Ordinary Time - 11 September
'What man among you with a hundred sheep, losing one, would not leave the ninety-nine in the wilderness and go after the missing one till he found it? And when he found it, would he not joyfully take it on his shoulders and then, when he got home, call together his friends and neighbours? "Rejoice with me," he would say "I have found my sheep that was lost." Luke 15 3-7.

Now here is a comforting image: of God searching desperately for me, trying to find where I’ve lost myself.

And here is a ridiculous image: a man leaving 99 sheep to go looking for 1 sheep. Why does Luke include this? I think it’s because he’s using imagery that shows me that God loves me so much that God will appear totally ridiculous, will go to any lengths, to find me. God is willing to look like a complete idiot (who leaves 99 sheep to the wolves) just to show me how much I am loved. It’s like God is saying to me: “Have you got it yet? I love you to distraction!” Have a great week. Mrs Ryan, Ministry Coordinator
Extension of philosophy

Pope Francis is proposing adding care for the environment to the traditional, Gospel-inspired works of mercy that Christians are called to perform, reports AP in *The Catholic Herald*.

Francis made the proposal in a message yesterday to mark the Church’s World Day of Prayer for the Care of Creation, which he instituted last year in a bid to highlight his green agenda.

In the message, he said: “The Christian life involves the practice of the traditional seven corporal and seven spiritual works of mercy.

"We usually think of the works of mercy individually and in relation to a specific initiative: Hospitals for the sick, soup kitchens for the hungry, shelters for the homeless, schools for those to be educated, the confessional and spiritual direction for those needing counsel and forgiveness.

"But if we look at the works of mercy as a whole, we see that the object of mercy is human life itself and everything it embraces.

“Obviously ‘human life itself and everything it embraces’ includes care for our common home. So let me propose a complement to the two traditional sets of seven: May the works of mercy also include care for our common home.

Officials say the proposal is the logical extension of Francis’ landmark and controversial ecological encyclical issued last year.

Photo: Pope Francis plants an olive tree with Israeli President Shimon Peres in Jerusalem in 2014 (CNS)
FROM THE SENIOR SCHOOL: It looks like we have managed, for the most part, to survive Week 1 of the exams. Some of the students have missed an exam and will need to complete this at the first available opportunity. If it is possible then this needs to be done when another exam is on, if the student does not have an exam at that time.

It is also very important that if a student is NOT going to be present for an exam that a parent or guardian rings the front office on the morning of the exam to let us know what is happening. The student will then need to collect a Green Form from Mrs Avery as soon as possible afterwards.

Mr Nicholls has already announced the School Captains and Vice-Captains for 2017 and I would like to congratulate Michael O’Dwyer, Sarah Ward, Sean Page and Hannah Lewis on their successful election to these positions. I am very proud of all the students who nominated for leadership positions and have no doubt that all of these young people would have done a great job on the leadership team. I look forward to working with the team in 2017.

A reminder to everyone that our Senior Retreat is fast approaching in Week 2 of Term 4. Notes and deposits should be in as soon as possible. This is a compulsory part of senior school and all students are expected to attend.

The students will be given further details at the end of next week and will be asked to work out their groups for rooming. I am looking forward to this opportunity for reflection and positive planning. The teachers going with us are also looking forward to spending time with Year 11. The students who have surfboards and/or boogie boards are more than welcome to bring them with us. We have hired Lifeguards for the free time on both days.

If there any questions or concerns, please do not hesitate to contact me at school.

“The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather a lack of will.”

Vince Lombardi

Karen McCann, Year 11 Student Coordinator
CAREERS CORNER:

UAC (Universities Admission Centre) administers:

- production and dissemination of ATARs,
- School Recommendation Schemes,
- Educational Access Schemes, and
- Equity Scholarships

Below are lists of key dates relevant to these UAC services for 2016-2017.

**UAC Key dates for 2016-2017**

### Schools Recommendation Schemes (SRS)

<table>
<thead>
<tr>
<th>Key SRS dates</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>Midnight Friday 30 September 2016</td>
<td>Applications and SRS Check &amp; Change close for students</td>
</tr>
<tr>
<td>End of November 2016</td>
<td>'Pre-offer advice letter' sent by most institutions to applicants</td>
</tr>
<tr>
<td>Midnight Monday 5 December 2016</td>
<td>Applicants must have their preferred SRS course as their first preference</td>
</tr>
<tr>
<td>Friday 9 December 2016</td>
<td>SRS unconditional and conditional offers released</td>
</tr>
<tr>
<td>Thursday 5 January 2017</td>
<td>Conditional offers converted to unconditional offers for applicants meeting institution criteria</td>
</tr>
<tr>
<td>Wednesday 18 January 2017</td>
<td>SRS offers will also be made in the Main Round and subsequent rounds</td>
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</tbody>
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A reminder that SRS applications and SRS Check & Change close at midnight on **Friday 30 September 2016**. After this date, students cannot access or modify their SRS application. Students apply using SRS Apply at [www.uac.edu.au/srs/apply](http://www.uac.edu.au/srs/apply). UAC will send an email to the principal each time an SRS application is submitted by a student at their school. The email will contain a link to a login page where the principal can access details of all the SRS applicants at their school.
**Educational Access Schemes (EAS)**

<table>
<thead>
<tr>
<th>Key EAS dates</th>
<th>Description</th>
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<tbody>
<tr>
<td>Wednesday 30 November 2016</td>
<td>EAS applications close for Main Round eligibility letters</td>
</tr>
<tr>
<td>Monday 19 December 2016</td>
<td>EAS eligibility letters issued progressively from this date</td>
</tr>
<tr>
<td>Friday 6 January 2017</td>
<td>EAS applications close for Main Round</td>
</tr>
<tr>
<td>Wednesday 18 January 2017</td>
<td>Main Round offers</td>
</tr>
<tr>
<td>Wednesday 12 July 2017</td>
<td>EAS Applications close</td>
</tr>
<tr>
<td>Students receive an EAS acknowledgement letter within 10 days of their application being received by UAC.</td>
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</tbody>
</table>

Our school has received the *Educational Access Schemes 2016-17* booklets outlining the scheme and how to apply. The booklet, application form and supplementary application form can also be downloaded from UAC’s website at [www.uac.edu.au/eas](http://www.uac.edu.au/eas). Students need to submit their EAS application by **Wednesday 30 November 2016** to receive their EAS eligibility letter in time to change their preferences for the Main Round. However, EAS applications can be submitted until Friday, 6 January 2017 for consideration in the Main Round. The EAS application process, including the role of Educational Impact Statements, is explained in the EAS Information for Schools 2016-17 fact sheets, which can be downloaded from UAC’s website at [www.uac.edu.au/publications/eas](http://www.uac.edu.au/publications/eas).

**Equity Scholarships (ES)**

<table>
<thead>
<tr>
<th>Key Equity Scholarships dates</th>
<th>Description</th>
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<tbody>
<tr>
<td>Friday 6 January 2017</td>
<td>ES applications for Main Round close</td>
</tr>
<tr>
<td>Thursday 19 January 2017</td>
<td>Main Round ES outcomes released</td>
</tr>
<tr>
<td>Wednesday 12 July 2017</td>
<td>ES applications close</td>
</tr>
</tbody>
</table>

We have also received the *Equity Scholarships 2016-17* booklets outlining the scheme and how to apply. It can also be downloaded from UAC’s website at [www.uac.edu.au/equity](http://www.uac.edu.au/equity). Students can apply for ES until **Friday, 6 January 2017** to receive their outcome in time for the Main Round. Students apply online at [www.uac.edu.au/equity/apply](http://www.uac.edu.au/equity/apply).

The school subscribes to a careers website, *JobJump*, which is designed to assist students in Years 9-12, their families and teachers in subject and career selections. Regular bulletins are produced but, at present, our school network does not permit a suitable means of dissemination of these bulletins to parents. They will, however, be sent to students in Years 9-12 and families can access the information through these students. **Ian Evans, Careers Adviser**
VOLUNTEER READER/WRITERS: Year 12 HSC examinations - volunteers to be reader writers needed. If you have no other child completing the HSC and are available between 13 October and 3 November 2016 and can spare a few hours once or twice during the exam period I would love to hear from you. Please contact the Learning Support Coordinator by emailing Bernadette.boere@mn.catholic.edu.au or phone the school on 6552 3300.

A current working with children check is required but this costs nothing and can be done online at https://www.kidsguardian.nsw.gov.au

Thank you

SPECIAL PROVISIONS: Year 11 2016 - If you feel your child requires Special Provisions for Year 12 please have your child see the Learning Support Coordinator Mrs Bernadette Boere in the SCIL Hub for the appropriate forms to be filled out, so that assessment of eligibility can be determined. If you have any questions in regard to this please email Bernadette on bernadette.boere@mn.catholic.edu.au or ring the school and ask for Bernadette.

Thank you. Bernadette Boere, Learning Support Coordinator

JAPANESE EXCHANGE: When the students from Kobe Kaisei arrived on 25 July, mixed emotions of excitement, nerves and joy were experienced by all St Clare’s students and teachers involved in the program. For the majority it was a brand new experience in which we had all been looking forward to and preparing for, for weeks. There was an endless amount of communication over emails and social media, between the host students and their sisters, amplifying the anticipation so much more. Soon after they arrived each Kobe Kaisei student went home with their host family, making it a bit nerve-racking and extremely exciting to have a new friend to show them our lives.
On Tuesday morning we had a school assembly where we had a formal welcome for the students and teachers of Kobe Kaisei. Each day the students from Kobe Kaisei came to school with their host sisters and brothers already experiencing the Australia school life where some had to catch buses and get up early to be ready. For some, it was pretty easy and meant travelling by car. The Kobe Kaisei students were allocated Room 28 where it quickly became the room they would know and love, a place to themselves. The Kobe Kaisei girls had numerous school lessons during their stay which included a Math lesson, Science lesson, Food Tech lesson, a Drama lesson and many other lessons in which they experienced different subjects, the Australian way. The students particularly enjoyed their time with Mr Jeremy Saunders who displayed many Indigenous artefacts, demonstrated Digeridoo playing and led the girls in making their own art work.

On 28 July both groups of students and Mr Matsuoka, Mrs Hamamura, Mr Howard, Mr Petrucci and Mrs Petrucci headed to Bonny Hills after school. The bus trip was short, but allowed students to sleep, and unfortunately miss a bit of the scenery. When we arrived at the motel we had afternoon tea and were put into our rooms and given time to settle in. This allowed St Clare’s students to bond and meet Kobe Kaisei students who they may have not known previously. We had dinner shortly afterwards and played some very entertaining drama games, which everyone enjoyed.
It was an early morning on Friday though as we woke at 5:30 am to watch the sunrise at Bonny Hills Beach. It was a struggle to get everyone out of bed and it was extremely cold, which explains why many photos featured the motel blankets, but it was certainly worth it. After the sunset we had breakfast and headed off to the Billabong Zoo where everyone had lots of fun. We patted koalas, fed kangaroos, watched a reptile show and bought souvenirs.

Next we were off to Port Macquarie, making the bus trip the best one so far where everyone belted out the words of One Direction and Taylor Swift. We had lunch and went shopping where the majority of time was in Smiggle which the Japanese students loved. After a very busy and enjoyable day we were back on the bus heading back to school.
On Wednesday, 3 August, the Japanese students presented a wonderful culture presentation to the Australian host brothers and sisters. They read stories, performed drama acts, presented their dancing and played Japanese games.

On Thursday, it was time for them to head to Sydney before travelling back home to Japan. I’m sure all who were involved in this trip can agree that this was a very difficult day. The weather represented each and every one of the student’s and teacher’s moods as it was raining and tears at one stage, but then sunshine and happiness at another. It was difficult to say goodbye to someone with whom you have created such a great friendship and strong bond, which St Clare’s students will never forget. The many memories and loads of laughter will be ones to remember for the rest of our lives. Everyone can agree that this tremendous experience was most certainly worthwhile. On behalf of all students involved in the trip, we would like to say a massive thank you to Mr Howard, Mr Petrucci and especially Mrs Avery for all of their hard work and dedication that goes into making this trip so successful and memorable for all involved. Caitlan Tull and Jennifer Wesley, Year 10
SCHOOL BUCKET HATS & SCHOOL CAPS: It is compulsory that either the school bucket hat or school cap be worn in PE and sport. Commencing in Term 4, if a student does not have the school hat/cap parents will be emailed and they will be placed on a low zone which involves collecting rubbish at recess.

Bucket hats are available from WorkWise Clothing, 49 Whitbread Street, Taree or a limited number are now available from St Clare’s High School at a cost of $19.50 each.

Karina Hogan, PDHPE Studies Coordinator

CYCLING SUCCESS: Benjamin Cross (Year 10) recently attended the Australian Junior Road Race in Bendigo. It was a 64 km race with over 90 participants competing in the race. Ben competed in the U17’s category and was an underdog as he missed selection in the state team. Each state has at least four selected riders in the event. As an individual competing it is hard work to stay at the front of the peloton and be in a good position for the finish. However, Ben was up to the challenge and placed 4th overall, a huge achievement. Ben is now hoping to sign for a NRS (National Road Series) team as an U19 development rider by the end of the year. Congratulations, Ben! Jenna Rowsell, Rep Sports Coordinator

Above right - Ben pictured in white kit with black and green helmet

MATHS WORKSHOP - Mathematics Workshop provides the opportunity for every student to obtain assistance and support in improving their understanding of mathematics. Four mathematics teachers are available each week to explain the concepts you are finding difficult or give assistance to enable you to complete your homework, assignments or any work that you may have missed due to absence from class.

WHEN IS IT ON? Wednesday lunchtime - every week. Bring your lunch!

WHERE? Room 10
We hope to see you there!
Mrs Julie Rowsell, Mathematics Coordinator
<table>
<thead>
<tr>
<th>MONDAY</th>
<th>12/9</th>
<th>Help Urgently Required</th>
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<tbody>
<tr>
<td>TUESDAY</td>
<td>13/9</td>
<td>Ros Hia</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>14/9</td>
<td>Karen Larkin</td>
</tr>
<tr>
<td>THURSDAY</td>
<td>15/9</td>
<td>Help Urgently Required</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>16/9</td>
<td>Pupil-Free Day</td>
</tr>
</tbody>
</table>

**LEAVE NOTES & STUDENT MESSAGES:** It would be appreciated if parents/guardians would send in a **written note** if their child needs to leave early for appointments etc. Notes should be handed in at the front office in the **morning before roll call**. If parents/guardians need to notify their child of a change of afternoon arrangements, it is necessary to **phone the school prior to 2:25 pm** (End of Lunch – Monday, Tuesday, Wednesday & Friday) or **prior to 1:55 pm** (End of Lunch – **Thursday Sport**) as it is often difficult to locate students if their last lesson is a PE Prac or there has been a room change. **Students cannot be collected from the school during school hours by anyone other than a parent or guardian without written permission.** Thank you.

**LATE NOTES:** Lateness to school is recorded as a partial absence and must be explained to the school the same way as other forms of absence. **Arriving Late for school requires a handwritten note from a parent/carer or a phone call from a parent/carer** or the absence is recorded as an unexplained partial absence. Thank you.

**SCHOOL CLINIC:** Students are reminded that if they are unwell whilst at school they are to advise their teacher who will then send them to the Front Office. If necessary, the office staff will contact a parent while the student waits in the Clinic. **Students are not to contact parents on their mobile phones** as this leaves teachers and office staff unaware of the situation and is also in breach of the school policy – use of mobile phones. Thank you.

**COMING EVENTS - 2016**

**Term 3**

**Week 9**

- Thursday 15/9 ♦ Year 11 Yearly Examinations conclude
- Friday 16/9 ♦ **Staff Spirituality Day – PUPIL FREE DAY**
  ♦ CCC Athletics Championships

**Week 10**

- Tuesday 20/9 ♦ School Social – **6:45 pm to 9:45 pm** School Hall
  Theme - “the first letter of your name”
- Thursday 22/9 ♦ Year 12 Farewell Assembly
  ♦ Year 12 Big Buzz
- Friday 23/9 ♦ Year 12 Graduation Mass
  ♦ Last Day of Term 3

**VACANCIES STILL EXIST**

**MORE VOLUNTEERS NEEDED – MONDAYS, WEDNESDAYS & THURSDAYS**

**IF YOU CAN ASSIST PLEASE CONTACT CHERYL KINGSFORD**

AT ST CLARE’S: 6591 2104, HOME: 6552 1857 OR VIA EMAIL: cheryl.kingsford@mn.catholic.edu.au
## Term 4

**Week 1**
- **Monday** 10/10 ♦ First Day of Term 4
- **Wednesday** 12/10 ♦ Year 11 PDHPE Camp
- **Thursday** 13/10 ♦ HSC Written Examinations commence
- **Friday** 14/10 ♦ Year 7 2017 Orientation Day

**Week 3**
- **Wednesday** 26/10 ♦ P & F Meeting – 6 pm

**Week 4**
- **Friday** 4/11 ♦ HSC Written Examinations conclude

**Week 5**
- **Monday** 7/11 ♦ Year 9 & 10 Yearly Examinations commence
- **Friday** 11/11 ♦ Graduation Evening

**Week 6**
- **Friday** 18/11 ♦ Year 9 & 10 Yearly Examinations conclude

**Week 7**
- **Monday** 21/11 ♦ Year 7 & 8 Yearly Examinations commence
- **Wednesday** 23/11 ♦ P & F Meeting – 6 pm
- **Friday** 25/11 ♦ Year 7 & 8 Yearly Examinations conclude

**Week 10**
- **Thursday** 15/12 ♦ HSC Results released
- **Friday** 16/12 ♦ ATAR Results released
  - ♦ Annual Awards Ceremony
  - ♦ **Final Day for Students**

**Week 11**
- **Monday** 19/12 ♦ Pupil Free Day
  - ♦ Parent/Teacher Interviews (by request)
- **Tuesday** 20/12 ♦ **Final Day for Teachers**

## 2017

## Term 1

**Week 1**
- **Friday** 27/1 ♦ Staff Development Day – **Pupil Free Day**
- **Monday** 30/1 ♦ Years 7, 11 & 12 Students Commence
- **Tuesday** 31/1 ♦ Years 8, 9 & 10 Students Return
Is your child at school or starting school next year? Would $500 assist you with education costs?

Join Saver Plus and match your savings, dollar for dollar, up to $500 for educational costs including:

- school uniforms and textbooks
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact John Edwards, Saver Plus Coordinator
(02) 6882 3329
John.edwards@thesmithfamily.com.au

Saver Plus was developed by ANZ and the Brotherhood of St Lawrence and is delivered by The Smith Family in Dubbo. The program is funded by ANZ and the Australian Government.

MANNING PREGNANCY SUPPORT

ANNUAL MEMORIAL SERVICE

The loss of a child is something you never forget!

Whether from:

Miscarriage; Stillbirth; Premature Death; Termination;
SIDS; or any other cause, at any age.

A HEALING SERVICE will be held at 10am Tuesday
27th of September, 2016 at Manning Great Lakes
Memorial Gardens, 183 Pampoolah Road, Taree.
(Turn left at sign along Old Bar Road)

All are welcome to come along and then have morning
tea with people supportive of your loss.
Devonshire Tea will be served in the Lilac Room

Those mourning the loss of any person for any reason
are also invited to attend this memorial service

For further details contact:
Wendy 6553 1444 or Bernadette 6553 9369
President Secretary
Manning Pregnancy Support Association Inc.

TAREE TORPEDOES

Taree Torpedoes Swim Club
"Come and Try" afternoons.

Date & Time:
Sunday 21st August, 2:00pm
Sunday 18th September, 200pm

Venue:
Manning Aquatic Leisure Centre (YMCA), Taree.

Cost:
Normal Pool Entry Fee Only

Swimmers of all ages and abilities are welcome.
2016/2017 Season starts Wednesday 5th October,
5:45pm for a 6:00pm start. Registration fees apply.

For more information contact:
tareesan@gmail.com
Call 0410 274 340
Or follow us on Facebook https://
www.facebook.com/TareeASC
ASPIRE Holiday Workshops
September 2016

ASPIRE holiday workshops are all about skills development in a fun and safe environment with likeminded performers.

All ASPIRE holiday workshops are open to students from Year 5 to Year 12 and material used will be age appropriate. Your child doesn’t need to have any prior experience with the ASPIRE program.

Payment for these holiday workshops is via the new Qkr APP. If you require assistance in using this app please contact us. The cost for each workshop is $80.00.

Please note participation in holiday workshops does not guarantee acceptance into the ASPIRE program for 2017.

To register your child’s booking or for further enquiries please contact Anne Atkins on (02) 4979 1331 or email anne.atkins@mn.catholic.edu.au. Places are limited and will be allocated on a first come first served basis.

Singing: The Confident Performer
Wednesday 28 September 2016 – 10.00 am – 4.00 pm at the Factory, St Pius X High School, Adamstown

This fun workshop focuses on performance technique and how to ooze confidence on stage. You’ll look at what to do with your body when performing and discuss how to deal with nerves. Participants will be encouraged to try out a few different styles of song as well as working on a piece they bring to the workshop.

Dance: The Story of Dance
Wednesday 28 September 2016 – 10.00 am – 4.00 pm at the Factory, St Pius X High School, Adamstown

Working with dancer and choreographer Angie Diaz young dancers will gain insight into how we can tell stories and create an emotional response from an audience through movement. As well as being put through your paces with new choreography and partner work, you will be challenged to create your own pieces.

Music: The Singer-Songwriter
Thursday 29 September 2016 – 10.00 am – 4.00 pm at the Factory, St Pius X High School, Adamstown

Bring along your instrument of choice and work alongside Professional muso Mike McCarthy for the day as you write your own songs. Musicians will look at everything from lyrics and finding inspiration to finding the right riffs and musical patterns. This is a great opportunity to hone your skills and work in your preferred style.

Acting: Scripts and Scenes
Thursday 29 September 2016 – 10.00 am – 4.00 pm at the Factory, St Pius X High School, Adamstown

This engaging workshop will take young performers through techniques for approaching scripted work, including first read-through and how we take information from a script for our character, basic blocking and delivery of text and performance tips. It’s a great way to develop your acting skills. Script will be age appropriate and from a variety of theatre styles.
HOLIDAY WORKSHOP PRESENTERS


Luke Baker is an experienced vocal teacher and has been working as a professional musician for many years. He is currently teaching HSC Music at St. Francis Xavier College, Hamilton and has been working in the Maitland-Newcastle Diocese for the last 8 years. Luke has worked in the Newcastle region as a seasoned vocalist and is versatile in multiple performance styles. He has recently come off a successful season of “Wicked The Musical” with Metropolitan Players in the leading male role of ‘Fiyero’. Luke is looking forward to working with the ASPIRE team and helping to develop the performance skills and techniques of the vocalists.

DANCE: The Story of Dance – Angie Diaz

Angie Diaz is a multi-faceted performer who has worked professionally across, Film, TV, Theatre and Dance Theatre. Including, Zeal Theatre with Stefo Nastou, 2007 Project Greenlight Film, The view from Greenhaven and television roles in, Underbelly Badness, Schapelle, All Saints and Home and Away. Angie has worked as a Dance Theatre artist and Choreographer with Catapult Dance, and the FLIPSIDE Project, Newcastle, Directed, by Cadi Mc McCarthy. Earlier this year, Angie completed a 3 week choreographic residency with Choreographer Joshua Thomson culminating in a performance at the LOCK UP Gallery, Newcastle. Most recently, Angie performed in the premiere of Vanessa Bates, Trailer, Directed, by Anna Kerrigan with Tantrum Youth Theatre. Angie holds a BA Dance with Honours from WAAPA and has completed actors training in Meisner Technique.

MUSIC: The Singer-Songwriter – Mike McCarthy

Mike McCarthy is an Australian singer/songwriter and music producer. Threading together the elements of dirt box blues with open-sea folk, McCarthy’s music is a wild, yet ever soulful, meditation on life. His 2012 album, THE LION'S SHARE, is a career defining work, filled with life giving lyrics and joy infused music. As well as extensive tours of Australia, Japan, The UK and USA, McCarthy’s music has featured on films such as “Stoked & Broke”, “Seaworthy”, “Lines from a Poem” and “Alaska Sessions.” He is recognized as one of Australia’s hardest working independent artists.

Over the last ten years, Mike has also supported musician/songwriters Eric Bibb, Mia Dyson, Tim Hart, Tex Perkins and Sarah Blasko. Eric Bibb was quoted as saying that “Mike and I are one in the same tribe”.

ACTING: Scripts and Scenes - James Chapman

James is a Newcastle based actor, writer and producer. In 2013 he was nominated for the CONDA award for Best New Play (Life After Kyle). He was nominated again in 2014, this time for Best Lead Actor for his performance in “Sleuth”. In 2015 he was part of a team that won the CONDA for Best New Play (No One Cares About Your Cat). James is the Artistic Director of Knock And Run Theatre and works at Tantrum Youth Arts as a Teaching Artist. His most recent acting credits include “Suicide, Incorporated” (Knock And Run Theatre), “Hello, Stranger” (Paper Cut) and “Proof” (NTC).
How To Support Your Child Through High School

Presented by two experts in Peak Performance Psychology and Learning.

Stress and Anxiety in our High School Students is increasing.

When I work with high school students I start by asking them two simple questions:

- How do you react when you think of Year 12?
- What message have you received about Year 12?

The answers will not surprise you. Students answer question one with responses such as:

- Fear
- Pressure
- Panic
- Anxiety
- Overwhelmed

It’s little wonder that students feel this negatively about high school years because they tell me the main message they hear about Year 12 is: “It’s do or die”; “It sets us up for our future”.

The Message About High School Needs To Change

When our children receive the message that how they perform in the senior
years will set them up for their future career, success and prosperity – they are not being told the entire truth - these days there are many different career pathways.

What's more, empowering students to develop the “grit”, the determination, the perseverance, the resilience to excel plays a greater role in future success. This is one of the challenges for a parent of a senior student.

This is what's needed - rather than panic about academic results the focus needs to be on the mindset and study skills and habits that will produce personal best performance.

For The First Time Our Face To Face Presentation To Parents Is Free and Live Online

When a school asks us to present to their parents the fee for a 90 minute presentation is over $2,000.

With over 30 years of combined experience and after working with over half a million families (both one on one and in large groups) we KNOW WHAT WORKS.

The problem is we are completely booked and are not taking new bookings to work with parents or senior students in schools.

Yes, it's a good problem we are completely booked, however, saying no to schools and to parents asking us to help their children is not what we want.

PLUS... we are based in Sydney and we want to help parents and senior students across Australia!

That's why we have decided to present this to parents across Australia for the first time free and live online.

In this new and exclusive webinar (only 100 places available) parents of senior students will learn:

1) Why high school is creating more stress and anxiety in our children and their families and how to overcome it.

2) How to support your child with technology use.

3) How to establish a success mindset.

Free Registration - How To Support Your Child In High School