Dear Parents and Friends of St Clare’s

The footy season moves into finals in both League and AFL this weekend. Footy fans whose side has qualified for the finals will be excited. Others who supported a team that did not “make it” can forget footy for another season or adjust their thinking and adopt a team for the final series. Those who follow another team in the finals are not changing their allegiance, or being disloyal. However they have adjusted their thinking to meet reality, whilst holding hope for the future.

We have a choice each day of the attitude we adopt for the day. This is certainly true for all our students who will complete exams before the end of the school year. Some students will prepare well and achieve the grades they worked towards while others will not do so well. Others will study long and hard, complete answers to the best of their ability and never be among the top ranked student in their cohort.

Some people “shut down” when they don’t reach their goals or when they find that circumstances prevent them from doing what they want to do. Many blame others for their frustration and feelings of loss. Others decide that they will no longer participate because they are not “good enough.”

This “cop-out” can occur just as easily in the classroom as it does on the playing field. It can only be overcome when individuals decide to work on their giftedness and their “deficiencies” to get where they want to go.

In the book Canopy of Stars, Helen Keller [Google her if you haven’t heard of her] writes; “Most of us take life for granted. Only the deaf appreciate hearing; only the blind realise the manifold blessings that lie in sight.”

In short, if we want to improve, we must be prepared to work on one thing we control; ourselves. [Covey]

God Bless

Principal
PRAYERS: Please pray for those who are currently experiencing health difficulties and continue to pray for community members experiencing challenges, pain, sickness and grief in their lives at this time.

CHAPLAINCY/PASTORAL CARE: A reminder to all that the school has a Chaplain. Please feel free to contact our Chaplain, Deacon Vince Ryan, through the school office if he can be of assistance to you or any member of our whole school community.

Mass Times

Our Lady of the Rosary, Taree
75 Albert St, Taree
Saturday Vigil: 6:00 pm
Sunday Mass: 9:30 am

Our Lady of Perpetual Help, Wingham
8 Farquhar Street, Wingham
Sunday: 8:30 am

St Bernadette’s, Krambach
Bucketts Way, Krambach
Saturday at 6:30 pm Liturgy of the Word or Mass

St Therese's, Lansdowne
Cundle Rd, Lansdowne
Saturday Vigil: 6:00 pm (2nd and 4th Saturdays of each month)

Our Lady of Fatima, Old Bar
20 Hall St, Old Bar, Sunday Mass: 7:30 am

Our Lady Star of the Sea, Harrington
Pilot St, Harrington
Saturday Vigil: 6:00 pm (1st, 3rd and 5th Saturdays in each month)
Saturday Liturgy of the Word and Communion: 6:00 pm (2nd and 4th Saturdays of each month)

Holy Name of Jesus Parish Church, Forster
33 Lake Street, Forster
Sunday Mass: 9:00 am

St Mary, Star of the Sea Church, Tuncurry
15 Peel Street, Tuncurry
Saturday Vigil: 6:00 pm
Sunday Mass: 7:00 am

St Patrick's, Cundletown
River St, Cundletown
Sunday Mass: 6:00 pm
FROM THE SENIOR SCHOOL

**Year 12 students** are entering their final week of schooling. The events supported by the school for Term 3 Week 10 are:

**Week 10**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 14th SEP</td>
<td>RCG (Responsible Conduct of Gambling) all day</td>
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<tr>
<td>Wednesday 16th SEP</td>
<td>Period 4 – last lesson for Year 12</td>
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<td>Period 5 – Graduation Mass practice in the School Hall</td>
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<tr>
<td>Thursday 17th SEP</td>
<td>Farewell Assembly – 9:10-11:00</td>
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<td>Big Buzz – after assembly until 2:30 pm (students NOT to drive)</td>
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<tr>
<td>Friday 18th SEP</td>
<td>Graduation Mass – 9:30 – 11:00</td>
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<td>Morning Tea – students to be joined by their parents and Stage 6 teachers at TTC</td>
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Most Year 12 students will be having a **Studies of Religion (SOR) incursion** to Room 19 next Tuesday, 15th September. This will involve all Year 12 students, except those doing Catholic Studies. It has been quite a successful day in the past and Religious Education Coordinator, Peter Briscoe-Hough, has only recently had confirmation that Keysar Trad, our Muslim guest speaker from Sydney, can make it again this year. All SOR students will be involved for Periods 1-4, and only SOR 2 Unit students will be involved after lunch for Period 5. Catholic studies students should be attending normal classes all day.

Prior to leaving school on Friday, 18th September, students should have purchased **Graduation tickets** for Friday, 13th November, and arranged tables. **Most tables seat 16: this equates to 4 students and their respective 3 guests.** Students are to organise who sits together on the tables. The school recognises that there can be some special circumstances regarding a request for extra tickets – contact Mrs Healey or Mr Evans.

It is critical that students continue to closely **monitor their school emails** – messages from Mrs Avery, Mr Evans and especially Mrs Healey will be sent at regular intervals.

**Year 11 students** have completed their **Final Preliminary HSC Course Examinations.** Students who wish to vary their enrolment for the commencement of HSC Courses should only do so after receiving **ALL** results and consultation with current teachers, Curriculum Coordinator, Theresa Avery, and Careers’ Adviser, Carol Healey.

The Year 11 **Senior Retreat** will be held at the **Uniting Church Conference Centre, Elanora Heights,** in northern Sydney. It is a **MANDATORY EVENT** which will be held from Wednesday 21st October until Friday 23rd October. The cost of **$250 per student is now due.**

Thank you to those many families who have already made this payment. If there are circumstances which make this payment difficult, please contact Principal, Peter Nicholls.

**Ian Evans** (Year 11 Student Coordinator) and **Bronwen Davidson** (Year 11 Student Coordinator)

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**Careers Corner**

Year 12 are in the middle of finalising their options for 2016. Students are encouraged to look at accommodation options and scholarships. Students that want to apply for TAFE for 2016 must ring the TAFE and enquire re the course they are interested in. North Coast Institute of TAFE including Taree campus students ring 1300628233. Students are to ring and put in an expression of interest, when the TAFE completes courses being offered they have indicated they will ring students that have registered an expression of interest.

**Carol Healey**
YEAR 10 GRAPHICS TECHNOLOGY

Year 10 Graphics Technology students have concluded their most recent work module on Architectural Drawing. Building construction methods, dimensions, site plans, levels and passive solar considerations were all topics students were introduced to. One aspect of Architectural Drawing the students learned was the time required to complete a set of drawings. Using the computer software Autodesk Revit, the students were able to design a house and prepare the drawings required.

Last Friday, local Architectural Draftsman, Angus Laurie made available his time to discuss with the class his profession as an Architectural Design Draftsman. Angus was able to show the students his plans and computer models of the Hallidays Point Tavern which was recently renovated and remodelled using Angus’ design work. One key point of Angus’ presentation was the use of technology in the workforce today enabling clients, engineers, architects and builders to send, receive and modify plans and designs without the use of paper, very much trending towards a STEM environment. I sincerely thank Angus for giving his time to speak with our students.  

Mark O’Neill

Below, some examples of the students’ work using Autodesk Revit Architectural Design Software.
Hospitality Happenings

Round two of the cupcake challenge took place and below are some of the cakes produced by Year 10.
CREATIVE ARTS NEWS

Over the last couple of weeks Year 8, 9 and 10 art classes have visited the ‘Surf Culture’ and the ‘Phil Rouke’ wood carving exhibitions in the Manning Valley Art Gallery. This has been a wonderful opportunity for students to see some up close local artworks. Thank you to Lyndall Laurie for coordinating this excursion.

Congratulations again to year 12 HSC Visual Art students Molly Gillis and Jared Roulstone who completed their major works last week. Well done to Morag Aitchison for getting all students over the finish line.

Jason Koenig

MORE 2015 HSC VISUAL ARTS WORKS
Year 12 Music HSC


ST JOSEPH’S SPRING FAIR
On Saturday September 5, the Year 9 Elective Music Class performed at the St Joseph’s Spring Fair. The students were fantastic, presenting an array of musical songs; Never Tear Us Apart (INXS), Even Though I’m a Woman (Seeker, Lover, Keeper), Good Riddance (Green Day) and Little Talks (Of Monsters and Men).

Ethan Bosmans (Keyboard)        Sam Brown (Bass Guitar & Guitar)
Daniel Davis (Guitar)           Harrison Doble (Vocals, Drums, Guitar)
Teisha Farr (Vocals & Percussion) Charlotte Higgins (Guitar & Drums)
Sam Holliday (Keyboard)          Saksham Lama (Keyboard & Vocals)
Nicholas Parsons (Trumpet & Vocals) Hamish Ross (Violin & Vocals)
Clare Sephton (Vocals and Percussion).

Our Special guest was Senura Senanayake from Year 7 who played drums for us.

The student’s enthusiasm and confidence was commendable and their generosity of time, a credit to them. Great job!

Viva la Musica,

Mrs Brown
Emily McKendry
Bayley Underwood
Sarah Murphy
HSC Performance Examinations

Year 9 Performance at the St Joseph’s Spring Fair
The St Clare’s Vocal Group rehearses each Monday at lunch. You do not have to be the best singer, just be able to enjoy singing. It is a great way to meet other students whilst having fun. New members are still very welcome to join us.

WHAT: St Clare’s Vocal Group  
WHERE: Room 36  
WHEN: Monday Lunch 1.  
Viva la Musica,  
Mrs Brown.
Year 12 Physics

Not Drama, not English Literature, …….. it’s Physics!
Year 12 Physics students combine their skills to make THE BEST strawberry icecream with liquid nitrogen for their last high school Physics practical. You can use liquid nitrogen to make ice cream pretty much instantly. This makes a nice cryogenics or phase change demonstration. It's also just plain fun.
Mrs Grant’s Year 7-6 History class practised the art of mummification in class after studying the ten steps of mummification. Our models Grace and Drew were mummified and judged winners by Miss Catt. No students were harmed in this process. Well done 7-6.

Mrs Grant

Thanks to our models **Grace Darwin** and **Drew Milnes**

7-6 History -Friday funny
Two divers went down to the Titanic and discovered that the pool was still full.
By **Caleb Kilgannon**
Congratulations to our St Clare’s Girls Under 14s Team 2015

Once again, our students at St Clare’s have excelled in the School 2015 State Futsal Tournament held in Port Macquarie in early August. Our Under 14 girls finished second, only losing on penalties shoot out in the final and by achieving this result they qualified to play in the National Champion of Champions (Australian Title) Tournament in Brisbane in November 2015.

Unfortunately our Under 19 boys missed out on qualifying on goals difference (by 1 goal). However they were the only team to beat the National Champions from last year, this was the only loss that team had in the last 7 months, Congratulations on such achievement.

Our Under 16 and 19 girls played very well, they had some good wins but missed out on qualifying for the next round on goals difference too.

I would like to thank, Jenna Rowsell, Karen Grant and Jason Koenig for their help during the 2 days of the tournament.

Once again it was very impressive to witness the polite and respectful manner in which the students behaved throughout the two days of the competition. All the students were wonderful ambassadors for St Clare’s.

Laurent Gonfond; Teacher & Coach
Congratulations to our winners
MATHS WORKSHOP - Mathematics Workshop provides the opportunity for every student to obtain assistance and support in improving their understanding of mathematics. Four mathematics teachers are available each week to explain the concepts you are finding difficult or give assistance to enable you to complete your homework, assignments or any work that you may have missed due to absence from class.

WHEN IS IT ON?  Wednesday lunchtime - every week.
Bring your lunch!

WHERE?  Room 10
We hope to see you there!
Mrs Julie Rowsell- Mathematics Coordinator

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<tr>
<th>MONDAY</th>
<th>14/9</th>
<th>Help Urgently Required</th>
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<tr>
<td>TUESDAY</td>
<td>15/9</td>
<td>Sue Lythgoe</td>
</tr>
<tr>
<td>WEDNESDAY</td>
<td>16/9</td>
<td>Help Urgently Required</td>
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<tr>
<td>THURSDAY</td>
<td>17/9</td>
<td>Jane Murray</td>
</tr>
<tr>
<td>FRIDAY</td>
<td>18/9</td>
<td>Help Urgently Required</td>
</tr>
</tbody>
</table>

VACANCIES STILL EXIST
MORE VOLUNTEERS NEEDED
IF YOU CAN ASSIST PLEASE CONTACT CHERYL KINGSFORD
ST CLARE’S CANTEEN:  6591 2104, HOME:  6552 1857 OR
VIA EMAIL:  cheryl.kingsford@mn.catholic.edu.au
PARENT & STUDENT REMINDERS:

LEAVE NOTES & STUDENT MESSAGES: It would be appreciated if parents/guardians would send in a written note if their child needs to leave early for appointments etc. Notes should be handed in at the front office in the morning before roll call. If parents/guardians need to notify their child of a change of afternoon arrangements, it is necessary to phone the school prior to 2:25 pm (End of Lunch – Monday, Tuesday, Wednesday & Friday) or prior to 1:55 pm (End of Lunch – Thursday Sport) as it is often difficult to locate students if their last lesson is a PE Prac or there has been a room change.

Students cannot be collected from the school during school hours by anyone other than a parent or guardian without written permission. Thank you.

LATE NOTES: Lateness to school is recorded as a partial absence and must be explained to the school the same way as other forms of absence. Arriving Late for school requires a handwritten note from a parent/carer or a phone call from a parent/carer or the absence is recorded as an unexplained partial absence. Thank you.

SCHOOL CLINIC: Students are reminded that if they are unwell whilst at school they are to advise their teacher who will then send them to the Front Office. If necessary, the office staff will contact a parent while the student waits in the Clinic. Students are not to contact parents on their mobile phones as this leaves teachers and office staff unaware of the situation and is also in breach of the school policy – use of mobile phones. Thank you.

COMING EVENTS

Term 3

Week 10 Thursday 17/9 ♦ Year 12 Assembly and Big Buzz
       Friday 18/9 ♦ Year 12 Graduation Mass

♦ Japanese Exchange students depart (Return 2 October)

Term 4

Week 1 Friday 9/10 ♦ Year 7 2016 Orientation Day

Week 2 Monday 12/10 ♦ HSC Written Examinations Commence

Week 3 Wednesday 21/10 ♦ Senior Retreat – Year 11

Week 5 Friday 6/11 ♦ HSC Written Examinations Conclude

Week 6 Friday 13/11 ♦ Year 12 Graduation

Week 10 Sunday 6/12 ♦ Carols by Candlelight, Our Lady of the Rosary, Taree Activities commence 3:30 pm – Carols from 6 pm

Week 11 Wednesday 16/12 ♦ HSC results released
Do you support students that have a disability/medical condition/mental health disorder that you think may make it difficult for you to interview for a position or perhaps perform at work? We invite you to attend the 2015 Careers Forum for Students with a Disability and encourage the students you support to attend as well.

Date: Monday 21st September between 10am-3pm
Time: 10am-3pm
Location: UTS Aerial Function Centre

The day will feature:

- Keynote address from Nastasia Campanella (newsreader from Triple J)
- Speaker from Beyond Blue with experience managing a hidden disability in a competitive workforce.
- Graduate Panel Q&A session
- Networking panel with inclusive employers
- Employer panel with Q&A, information about internships

The employers involved on the day include IBM, PwC, Macquarie Group, CBA, Suncorp, Cisco

You will hear about the challenges experienced by those who have successfully walked the path. You will gain an understanding of strategies and plans that you need to develop to improve your employability.

This event is open to students from all universities in NSW so if you are interested, mark it down in your diary and register now so you don’t miss out. This event is free and includes morning tea, lunch and afternoon tea.

Please see the following link for more information:


This is a collaborative event bought to you by the previous host Sydney University, current host UTS and future host ACU. We look forward to seeing you on 21st September.
CELEBRATING YOUR TEAMS WIN

SUMMER IN AUSTRALIA MEANS CRICKET!
Cricket is a perfect way for boys and girls to socialise, have some fun, learn about teamwork and keep active in a competitive environment.

ACTIVITY: 10s, 12s, 14s and 16s Junior Cricket Rago
CLUB/CENTRE: Old Bar Cricket Club
ADDRESS: Chris Dempsey Nets Old Bar
Near the Old Bar Tennis Courts
DATE: 12th September 2015
TIME: 09:00-13:00
CONTACT: Chris Dempsey 0407532789

Find out how you can create your own cricket moment at PLAYCRICKET.COM.AU

Taree Amateur Swimming Club 2015/2016 Season
Registration Information Session and “Come Try” afternoon.

Date & Time:
Sunday 13th September, 2:00pm

Venue:
Manning Aquatic Leisure Centre (YMCA), Taree.

Cost: Normal Pool Entry Fees

Swimmers of all ages and abilities are welcome.
2015/2016 Season starts Wednesday 7th October, 5:45pm.

For more information contact:
tareeasc@gmail.com
Call 0410 276 340
Or follow us on Facebook https://www.facebook.com/TareeASC